

ABSTRACT

An optical disc apparatus, such as CD-WO and the like, realizes stabilization of a waiting state after recording to an optical disc, and realizes stabilization during switching of rotational speed. The optical disc apparatus has a CPU for performing an administration which makes a laser pickup follow a track in a predetermined area on the optical disc, seek a head of the area when the laser pickup exceeds the area, and repeat the following operation and the seeking operation until a next command is issued.